Extra Credit

This is a written assignment for a possible 5 points of extra credit that may be applied to your first exam score. On this week's assignment you should have needed to integrate the function $f(x) = \sin^2 x$. We will use this integral as the starting point for this assignment. The following steps are just to lead you through a process of discovery. The purpose of this assignment is to better understand the substitution method of solving integrals. Going through all these steps should give you a better idea of how the method works, how to apply it and why it makes sense in a visual/area way. Your final paper that you turn in should not be a list of the steps and definitely including your own reflection on the steps. Does this problem help you better understand substitution? Why does substitution work? It should make sense as a picture and as a formula, explain this.

Make sure you organize your thoughts well, and remember this is **extra credit**, so it will be graded more difficultly than regular weekly assignments. Good Luck!

• Start by considering the definite integral

$$\int_0^\pi \sin^2 x \, dx$$

• Rewrite the integral using an identity from trigonometry:

$$\sin^2 x = \frac{1 - \cos(2x)}{2}$$

- Factor the constant outside the integral. We haven't changed the variable yet, so graph the new function on the xy-plane, from 0 to π .
- Because of the "function inside another function" scenario, we should use substitution to solve. Write down the substitution you would use, and how the new *u*-integral should look, including the new limits of integration.
- Again factor out the constant, this should be the one you got from changing dx to du, and draw a graph of the function you are integrating on the uy-plane.
- You should now have two drawings, one in the *xy*-plane and one in the *uy*-plane. Show by shading and/or labeling how the integrals represent area or net area.
- There is a lot going on here: stretching, scaling, constant factoring in and out, etc. Does it make sense that *u*-substitution should give you a correct answer? Why? How? Explain!